



ROMA

ISTITUTO SUPERIORE DI SANITÀ
AULA ROSSI
Viale Giano della Bella, 34

10 DICEMBRE 2019

**LA REALTÀ ITALIANA DELLA
CIRROSI EPATICA TRA TERAPIE
E IMPATTO SOCIO ECONOMICO**

2019 **MOTORE**
SANITÀ
Gestire il Cambiamento



12,00

TAVOLA ROTONDA

VERSO UNA PRESA IN CARICO OTTIMALE DEL PAZIENTE CIRROTICO E DELLE SUE COMPLICANZE

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Simona Serao Creazzola, Responsabile SIFO Nazionale

Maurizio Zega, Consigliere FNOPI Roma



The present
(past?)



Prevalence
Incidence



- HBV vaccination and NAs
- HCV new treatments
- Disposable medical tools
- Decreased PT HBV/HCV infection
- Non hepatic deaths
(elderly inactive carriers)



The present
(past?)

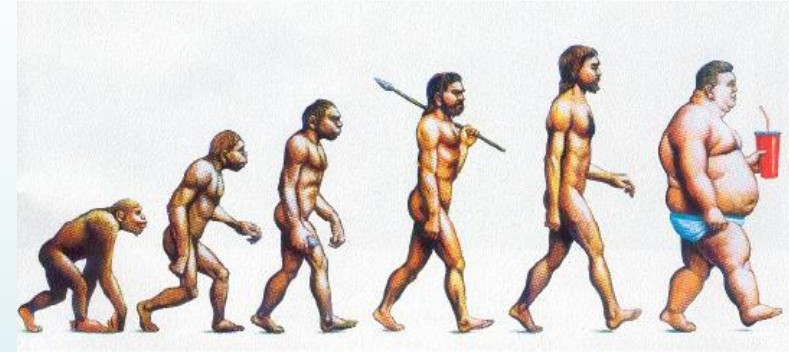


Prevalence
Incidence



- HBV vaccination and NAs
- HCV new treatments
- Disposable medical tools
- Decreased PT HBV/HCV infection
- Non hepatic deaths
(elderly inactive carriers)

The future
(present?)



**Metabolic
Syndrome :
the new
epidemic
of the 3rd
Millennium**



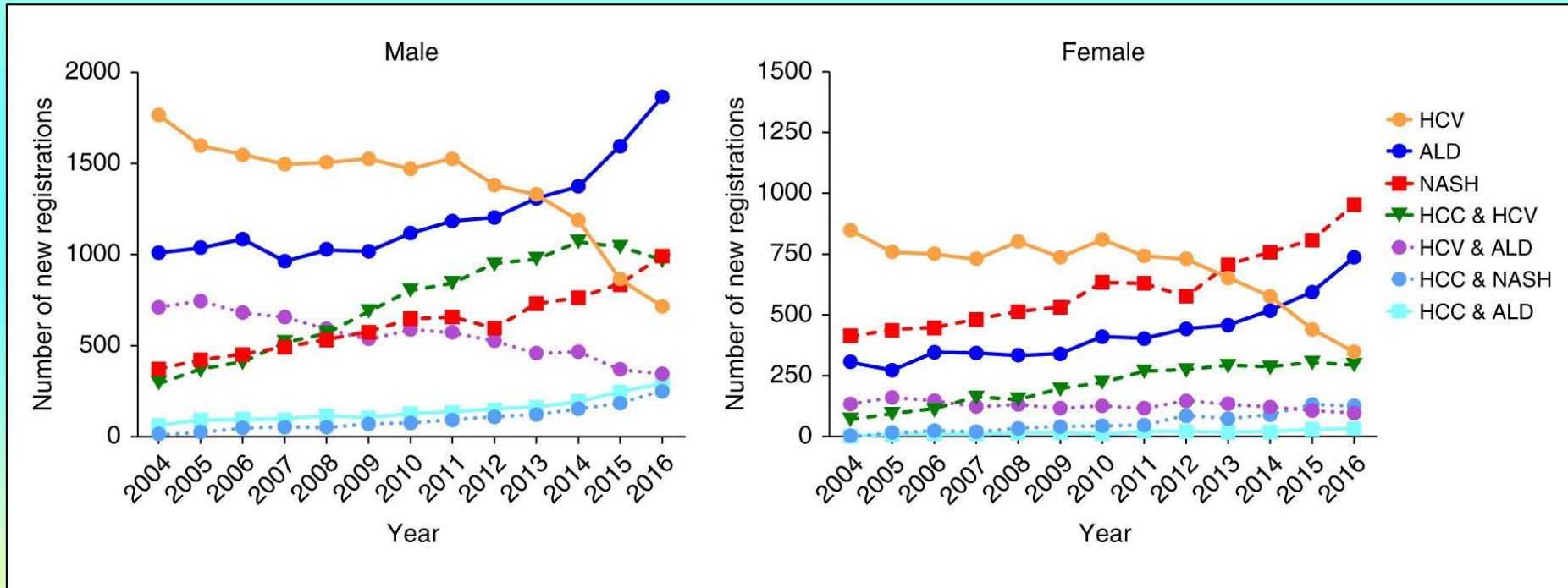
A changing landscape of liver transplantation: King HCV is dethroned, ALD and NAFLD take over!

Norah A. Terrault^{1,*}, Georges-Philippe Pageaux^{2,*}

¹Gastroenterology/Hepatology, University of California San Francisco, CA, USA; ²Hepatology and Liver Transplantation Unit, CHU Saint Eloi, Montpellier University, 34295 Montpellier, France

See Articles pages 810–817 and pages 966–968

Am J Gastroenterol 2018



**Which management for patients with cirrhosis
in the next future?
The «five W» dilemma**

**Who ?
What ?
Where?
When?
Why ?**

*Liver does not mean
virus, my friend*



**Which management for patients with cirrhosis
in the next future?
The «five W» dilemma**

Who ?

What ?

Where?

When?

Why ?

Gastroenterologists
Hepatologists
Internists
Surgeons

*Liver does not mean
virus, my friend*



**Which management for patients with cirrhosis
in the next future?
The «five W» dilemma**

Who ?

What ?

Where?

When?

Why ?

AIH
PBC/PSC
PH
Bleeding
Ascites
AKI/HRS
HE
SPB
HCC

*Liver does not mean
virus, my friend*



**Which management for patients with cirrhosis
in the next future?
The «five W» dilemma**

Who ?
What ?
Where?
When?
Why ?

Day Hospital, unless:

Bleeding
AKI/HRS type 1
Overt HE (grade 3-4)
SBP
HCC
EBL
OLT

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virus, my friend*



**Which management for patients with cirrhosis
in the next future?
The «five W» dilemma**

Who ?
What ?
Where?
When?
Why ?

The earlier the diagnosis,
the better the course of
the disease will be, i.e.:

don't forget GPs

*Liver does not mean
virus, my friend*



Which management for patients with cirrhosis in the next future? The «five W» dilemma

Who ?
What ?
Where?
When?
Why ?

Overall management of DC

- Management should aim to **prevent progression**, not treat complications
- No treatment exists that can act on cirrhosis progression directly
- Two alternative approaches can be taken:
 - **Suppress aetiological factor(s)** that cause liver inflammation and cirrhosis development
 - **Target key factors in the pathogenesis** of cirrhosis decompensation and progression

EASL CPG decompensated cirrhosis. J Hepatol 2018;doi: 10.1016/j.jhep.2018.03.024



*Liver does not mean
virus, my friend*



REVIEW

New Therapeutic Paradigm for Patients With CirrhosisEmmanuel A. Tsochatzis,¹ Jaime Bosch,² and Andrew K. Burroughs¹

In the 21st century, liver cirrhosis should be regarded as a treatable disease with currently available therapy and not an irreversible disease that leads inevitably to liver transplantation.